

Under the Supervision of Spiritual Therapist & Religious Scholar

Mufti Asif Saeed Qadri Tariq Shazli.

“THE ROOHANI AMLIYAT GUIDELINE”

A complete Guideline for spiritual course students

Instructions & Precautions: -

Read and Follow these guidelines as per the mentioned instructions to make your

AMMAL successful.

SUMMARY :-

The Magnificent and Gifted offering from Tariqia Spiritual Centre

AL-Noor Welfare Network

Good News for the students of ROOHANI AMLIYAT Course (spiritual course).

It is great blessing from Allah that under the supervision and guidance of spiritual scholar "Mufti Asif Saeed Qadri Tariqi Shazli", all the chapters of this **ROOHANI AMLIYAT COURSE** are composed with their way of use and benefits to the students of this course.

We have tried and incorporated our best practices and efforts to describe this course benefits to the students and to provide them with the solution of all the problems they could face during AMMAL and WAZAIFS.

This Guideline contains all the benefits and ways of practice to be performed and implemented by the students during the course tenure.

We hope and wish that all the **ROOHANI AMLIYAT COURSE** practitioner follows and implement this guideline as instructed.

INSTRUCTIONS:-

Recite the Tasbiya "**BISMILLAH**" in the beginning of the Wazifa (Tasbiya is just at the beginning of WAZIFA only)

The Magnificent and Gifted offering from Tariqia Spiritual Centre

AL-Noor Welfare Network

1. All the WAZAIFS should be recited to obtain the pleasure and blessings of Allah (SWT) and beloved Holy Prophet HAZRAT MUHAMMED (SAW), it should be performed to serve the mankind and for the purity of soul (Spirit). It should not be practiced with any greedy or materialistic aim.
2. Try to avoid from every kind of Sins (Sins by EYES, THOUGHT, HANDS, TOUNGUE, etc.,)
3. All WAZAIF should start with WADU, take bath daily before the ammal (if possible).
4. Wear clean and neat dress during the WAZAIF (fixany dress for the WAZAIF tenure if possible). Make your dress and place of WAZAIF fragranced with incenses , if not possible make your room fragmented with bean or incense stick.
5. Time and place for practicing WAZAIF should be neat, clean and fixed from first day to the last day of WAZAIF (From ASAR prayer to next day Magrib prayer will be considered as one day), it is better to practice on prayer mat (Musalla).
6. The WAZAIF should be performed with full concentration of mind and soul, make sure there are no noise, disturbance and interference during the practice of WAZAIF.
7. You should face towards Qibla (KHANA KHABA), if not possible then towards any direction while practicing the WAZAIF.
8. It is necessary and mandatory to memorize the words of WAZAIF with correct pronunciation. So that your attention will be on WAZAIF and can be completed quickly.
9. During the AMMAL if your waduh breaks, please make the waduh again and start the AMMAL. If you hear AZZAN during the AMMAL stop the WAZAIF and answer the prayer (NAMAZ) or continue.
10. If any one greets you with salam during AMAL, please answer them back with indication .If any fear temptation, mischief or makes you angry then answer by voice but do not make a long conversation with others.
11. While practicing the AMMAL there is no need for any kind of protection circle, just imagination of your spiritual teacher (**Mufti Asif Saeed Qadri Tariq Shazli.**) will be your protection.
12. Many students will fell headache or body pains during or after AMMAL , do not panic or worry instead thank to Allah (SWT) that your body is absorbing the light and power of AMMAL in your soul. In case of pain please recite SURAH FEEL (21 times) and blow on water and drink it before starting the AMMAL, you would feel relieved from pain inshallah. During AMMAL consumption of water is not allowed until your throat and lips are dried.
13. Fasting (ROZA) is not imposed or mandate for AMMAL from the center (IDARA) . But your spirituality will increase and strengthen in case of fast (ROZA).

The Magnificent and Gifted offering from Tariqia Spiritual Centre

AL-Noor Welfare Network

14. You can complete the WAZAIF in one sitting, if not possible you can continue and manage in two sittings. Time should be fixed from first day to end of AMMAL. Wazaif counting need to be same in both the sittings.
15. During the AMMAL dosing is natural. One of the solution is to complete your sleep during day time , Second is that you can standup on your prayer mat and third is keep a sprinkler bottle of water with you during AMMAL, just sprinkle the water on your face in case of dosing.
16. During WAZAIF reciting be careful of counting, counting should not exceed or decrease from the designated count of the WAZAIF. For example if the count is 117 then you should not recite 118 or 116 times . IT SHOULBE SAME AS INSTRUCTED.
17. If you recite extra counts then that should be passed to the passed away people (ISALE SAWAB)
18. If you fall asleep during the WAZAIF and forgot the count then the whole WAZAIF should be started from beginning.
19. After completing the AMMAL absorb the light of AMMAL by meditation (MURAQABA). After the AMMAL do not blow on water or sweets, instead it is allowed to blow on your body and water after reading **madamat**.(daily reciting)
20. During the period of Amal (Chilla) please do not enter in course with your wife (Physical Relation ship) or else your Amal will be falsified.
21. For Reading **Madamat** (daily reciting of Amal) on daily bases there are no guidelines or restrictions as this can be performed during any period of day and in any place. Its always suggested to be in Waduh during the recitation.
22. Madamat of every amal is necessary to be recited on every day bases, if you miss the madamat for continuous three days then your amal will be falsified and you need to recite the amal again for three days to continue the amal.(same number of count as done during amal)
23. After completion of one amal you can start the next Amal the very next day or as per your availability, there is no conditions for the Next amal except any particular guideline provided by the Diara.
24. All the students are requested to complete there 10 chapter first and can move for special Amal provided by the Diara. It is mandatory to complete the 10 Chapters first. Please follow the guide lines as instructed.
25. Please make sure during the recitation of Amal the count should be kept in mind , because in some cases your Tasbih may fall down and you may not have the count in mind.
26. Please note the Solar & Lunar Eclipse Amals are for those students who have completed there 10 Chapters.

The Magnificent and Gifted offering from Tariqia Spiritual Centre

AL-Noor Welfare Network

27. Please note that Rohani Amliyat Course Group is created and Run only for guiding the students only. For any Spiritual treatment or issues you are requested to reach out to Roohani Amliya Call center number and speak to us.
28. All the students are notified that only one Amal is permissible at a time , reciting more than one Amal can be harmful for the students.
29. We notify all the students not to miss the Amal in between or else you should start the Amal from starting.
30. We request all the students not to follow or read another amal during the course period.

The Magnificent and Gifted offering from Tariqia Spiritual Centre

AL-Noor Welfare Network